

The Tao of Bioenergetics East and West

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Reviews

It in a of the most popular publication. It really is filled with knowledge and wisdom Its been designed in an exceedingly straightforward way and it is merely soon after i finished reading this pdf by which actually transformed me, affect the way in my opinion. (Gerardo Rath)

THE TAO OF BIOENERGETICS EAST AND WEST



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Ymaa Publication Center. Paperback. Book Condition: New. Paperback. 240 pages. Dimensions: 10.0in. x 7.2in. x 0.8in.The Tao of Bioenergetics is the first comprehensive study of the use of Energetics as a scientific model (paradigm) in both western and eastern thought. This book traces the history and uses of Qi (Chi), the bioenergy of China, from the I-Ching through physics, astrology, Feng Shui and alchemy. The author demonstrates how the findings of the ancient Chinese Qigong masters were paralleled and confirmed in the early works of Hippocrates, Parclsus and Mesmer. He then shows the confirmation of Qigong theory in the modern clinical and experimental discoveries of Sigmund Freud, Carl Jung, Wilhelm Reich and Alexander Lowen. Also included are extensive excerpts from the published works of notable eastern scholars such as Yang, Ni, and Lu. Special attention is given to the experiments of Wilhelm Reich to show the objectivity of the energy paradigm, and his experiments are quoted at length as scientific confirmation of eastern Qigong. Finally, a synthesis is suggested and conclusions drawn for the future use of the broader energy paradigm in global science and human development. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.

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