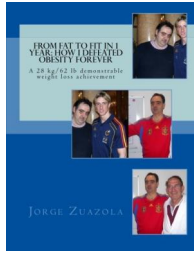


## From Fat to Fit in 1 Year: How I Defeated Obesity Forever: A 28 Kg/62 LB Demonstrable Weight Loss Achievement



### Book Review

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